

## **Open HelMSIC Week 2023 | October 10<sup>th</sup> – 12<sup>th</sup>**

The beginning of the new Academic year marks a new beginning. Have you ever thought that you would like to be educated more holistically in topics related to Medical Education, be a volunteer, and travel to Greece and the world while meeting other Medical Students? **Welcome to Open HelMSIC Week 2023!**

### **What is Open HelMSIC Week?**

HelMSIC - Hellenic Medical Students' International Committee is a voluntary, non-governmental, non-profit, non-partisan organization of medical students. This year, from October 10<sup>th</sup> to October 12<sup>th</sup>, Open HelMSIC Week will take place in all 7 Medical Schools of the country. During this week, you will have the opportunity to learn more about the activities of HelMSIC in the coming year and how you can actively participate.

You can find more about HelMSIC on the Facebook Group of the Local Committee of Athens: HelMSIC Athens

### **Where you can find us?**

During the Open HelMSIC Week, from October 10<sup>th</sup> to October 12<sup>th</sup>, you can learn more about HelMSIC at the office of the Local Committee of Athens from 10:45 to 15:00.

### **Take part in the Introductory Webinar and the Peer Education Training**

On **Thursday, October 12<sup>th</sup>, at 15:00**, an introductory webinar will take place in which you will have the opportunity to get to know our activities, to ask questions, and also get to know medical students from all over the country.

Upon entering Medical School, students are asked to learn a large amount of information, without being equipped with the appropriate education for this. It is therefore very important for medical students to familiarise themselves with the various ways of learning and how to find the ideal way of studying efficiently. That's why HelMSIC organizes the Peer Education Training "Understanding Learning Styles | Medical School Edition".

The training will take place on Thursday, October 12<sup>th</sup>, at Amphitheatre NABO. Peer Education is a non-formal method that promotes independent learning and the transmission of information in a more interactive environment.

The introductory webinar and the peer education training will be conducted in Greek. You can take place in either of them by filling in this form: <https://forms.gle/h4Qii1R6qaN3rq9x9>

### **Participate in the first meeting of our Local Committee**

The first meeting of our Local Committee will take place on Thursday, October 12<sup>th</sup>, in our Office in the Medical School, in the Building 14. During the Meeting, you will have the opportunity to learn more about HelMSIC, as well as to be informed about all the upcoming activities and opportunities, such as the Health Festival - 3rd Panhellenic Conference of Medical Students on Public Health and Exchanges Exams.